Lindsay Parvis

PRINCIPAL

lparvis@jgllaw.com

ROCKVILLE OFFICE
240 399 7900
111 Rockville Pike, Suite 975
Rockville, MD 20850



I help. It's that simple. For over 20 years, I've focused on helping my clients navigate some of life's biggest challenges: divorce, custody, domestic violence, and financial matters like alimony, child support & property division.

Often & understandably, clients feel unheard, overwhelmed & powerless. Together, we work as a team. To help each client do what's best for them & their family. To help each client move forward.

Let's move your story forward...

Everyone has a story. Whether "The End" or the blank page of new chapter, I'm here to move yours forward. To tell your story in court. To write an agreement for your new beginning. To put a period on what's done. And to support you choosing your own next adventure.

No two clients are alike. To honor the unique circumstances of each, their family, and their story, I customize my approach & representation. Customized means zealous & client-driven advocacy, no matter how contested or uncontested. From amicable settlement, to strategic negotiation, to complex litigation and trial.

When clients often feel unheard & powerless in a situation that feels out of control, I empower them with information and knowledge about the law & legal process. So my clients decide what's best for their story to move forward.

Together, my client and I collaborate as a team. We develop options. We evaluate solutions. We create strategy. Our team may include the Firm's supporting associate attorneys, paralegals, and legal assistants, as well as outside experts. My clients are not left to face challenges alone or unsupported.

Being a family-focused attorney means more than just knowledge, skills, and experience. For me, it's about compassionate curiosity for my clients' stories and passionate problem solving for their families. No matter the crisis or complexity, to move my clients & their stories forward to a better future.

Admissions

- Maryland

Education

- University of Baltimore School of Law, JD, 2001
- Mount Holyoke College, BA, 1995

©2026 Joseph Greenwald & Laake, PA

Honors

- Lawdragon Leading Family Lawyers, 2025
- Leader in the Law, The Daily Record and the Maryland State Bar Association, 2025
- The Best Lawyers in America®, 2024–2027
- Maryland Super Lawyers® Top 50 Women, 2023–2026
- Maryland Super Lawyers® Top 100, 2023–2026
- Maryland Super Lawyers® 2014–2026
- Family Law Power List, The Daily Record, 2023

Affiliations

- Fellow, Maryland Bar Foundation
- Member, Fellow of the American Academy of Matrimonial Lawyers
- Maryland State Bar Association
  - Family & Juvenile Law Section Counsel
    - June 2012-June 2018
    - June 2022-Present
  - Legislative Committee Chair/Co-Chair
    - Sessions 2013-2016, 2018, 2022-Present
- Montgomery County Inns of Court
  - Bencher, 2017-Present
- Howard County Inns of Court
  - Member, 2018-Present

Media

- Quoted in "Parenting coordinators help clients tune in to each other," *The Daily Record,* 2026

Speaking Engagements

- "ESQ EQ Emotional Intelligence: A Path to Avoiding & Managing Burnout when Serving Families," Maryland State Bar Association Legal Summit & Annual Meeting, 2025
- "Best Interest Attorney Training," Maryland State Bar Association, 2023
- "Custody and Visitation-Related Assessments Training," Maryland Administrative Office of the Courts, 2023
- "Grappling with the Resistant Child in a Custody Dispute," Maryland State Bar Association Legal Summit, 2023

RELATED SERVICES

Alternative Dispute Resolution (ADR)

Family Law

Alimony

©2026 Joseph Greenwald & Laake, PA

Child Custody
Child Support
Child Visitation
Collaborative Divorce
Divorce
Divorce For Business Owners
Equitable Distribution
Family Law Modifications
Family Mediation
High Asset Divorce
Postnuptial Attorney
Prenuptial Agreements
Separation

©2026 Joseph Greenwald & Laake, PA